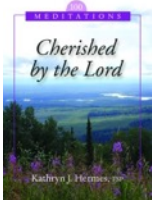
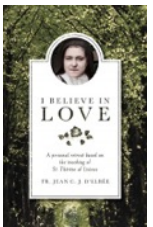


RECOMMENDED RESOURCES FROM TRUSTED SOURCES

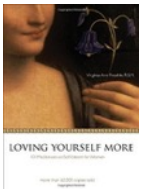


[Cherished by the Lord: 100 Meditations on God's Love](#) by [Kathryn J. Hermes, FSP](#). Pauline Books & Media, 2012. This lovely gem helps us to deepen our understanding of Jesus' love using Scripture passages and short reflections.

[The Real Presence: Eucharistic Meditations](#) by [St. Peter Julian Eymard](#). This entire book is a treasure for Eucharistic prayer, but Emmanuel Publications' chapter 1 entitled "Adoration in Spirit and in Truth" has some marvelous reflections on Jesus' love for us as manifested in the Eucharist.



[I Believe in Love: A Personal Retreat Based on the Teaching of St. Therese of Lisieux](#) by Rev. Jean C.J. D'Elbee. Translated by Marilyn Teichert with Madeleine Stebbins. Sophia Institute Press, 2001. An in-depth and persuasive presentation of St. Therese's spirituality.



[Loving Yourself More: 101 Meditations on Self-Esteem for Women](#) by [Virginia Ann Froehle](#). Ave Maria Press, 2007. A helpful resource to continue developing self-esteem in light of God's love for us.



[The God Who Won't Let Go](#) by [Peter Van Breemen, SJ](#). Ave Maria Press, 2001. A wonderful exploration of the Christian life centered around God's unconditional, faithful love for us.

ONLINE RESOURCES:

Sacred Stillness: a series of online Youtube videos that encourage us to trust in God's love

<https://www.youtube.com/watch?v=TmoFjjL6Trg> You Are Not Alone Video Meditation

<https://www.youtube.com/watch?v=58Dj0QDKfnI> You Are Promised Endless Joy Video Meditation

<https://www.youtube.com/watch?v=tgF-DfcfNO4> You Can Find Courage Video Meditation

<http://www.fathersloveletter.com> A beautiful compilation of Scripture passages on God's love for us, in print and video format.