

# Soul of Christ

## Meditations on a Timeless Prayer

Marie Paul Curley, FSP

### DESCRIPTION

The Anima Christi, or Soul of Christ, has been prayed by Christians since the fourteenth century. Commonly prayed after receiving the Blessed Sacrament, it has a rich history and an abundance of meaning. Sister Marie Paul Curley, FSP, delves into both as she reflects on the prayer, the Eucharistic imagery within, and its application for every Catholic.

Every line of the prayer is full of import and meaning. Sister Marie Paul reflects on each line of the prayer in individual chapters, helping you to search deeper within the simple words. Each chapter contains a section that could be used as a guided holy hour for an individual or a group, or just read as further reflection.

With practical applications, thoughtful meditations, and centuries' worth of tradition, *Soul of Christ: Meditations on a Timeless Prayer* is designed to bring you closer to Christ. Explore the richness of this ancient treasure of the Catholic Church, and join the communion of saints in praising the Body, Blood, Soul, and Divinity of Christ through the Anima Christi.

### FEATURES & BENEFITS

- Features and Benefits:
- Contemporary reflections on a traditional prayer
- Features a guided holy hour in each chapter
- Contains an appendix with information about how to make a holy hour

### ENDORSEMENT

“Each chapter draws you deeper into the mystical experience of the Soul of Christ and invites you into union with Jesus.”

— Dr. Mary Amore, Executive Director, Mayslake Ministries

### AUTHOR PROFILE

Boston native and professed Daughter of St. Paul since 1987, Sr. Marie Paul Curley speaks regularly on *Salt + Light Radio Hour*. Her personal passions include writing, exploring the connection between faith and the

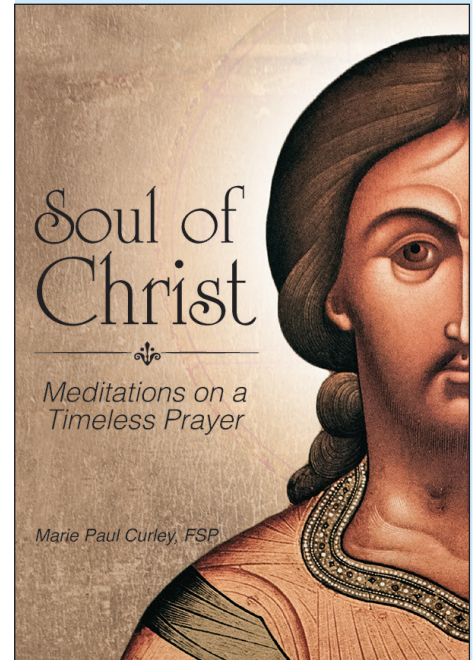


media arts, the spirituality of Blessed James Alberione, and Eucharistic spirituality.



PUBLISHING HOUSE OF THE  
DAUGHTERS OF ST. PAUL

**NEW RELEASE**



NOVEMBER 2014

ISBN: 0-8198-9030-8

EAN: 978-08198-9030-6

\$12.95 USD

PAPERBACK

174 PAGES

5 x 7¼ INCHES

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